

PSHE and Citizenship Policy

Overview and Aim

PSHE consists of the following strands:

P = Personal

S = Social

H = Health

E = Education

The aim of PSHE and Citizenship is to give pupils the knowledge, skills and understanding to lead confident, healthy independent lives and to become informed, active, responsible citizens of their community.

At Leighton Academy the children engage in a variety of activities that permeate the curriculum, contributing to the life of the academy and our community. Children learn to reflect on social, moral, spiritual, religious, and community issues that affect everyday life. They are encouraged to respect diversity and differences so they can form fulfilling and effective relationships throughout their life.

Objectives

During Foundation Stage children learn how to identify their feelings and emotions, how to deal with these in a positive way and how to interact with other people. Turn taking, independence and working together are the main features of the foundation stage curriculum. Children work towards the Early Years Foundation Stage Profile – Personal Social and Emotional Development.

During Key Stage 1 pupils learn about themselves as developing individuals and as members of their communities, building on their own experiences and on the early learning goals for personal, social and emotional development. They learn the basic rules and skills for keeping themselves healthy and safe and for behaving well. They have opportunities to show they can take some responsibility for themselves and their environment. They begin to learn about their own and other people's feelings and become aware of the views, needs and rights of other children and older people. As members of a class and academy community, they learn social skills such as how to share, take turns, play, help others, resolve simple arguments and resist bullying. They begin to take an active part in the life of their academy and its neighbourhood.

During key stage 2 pupils learn about themselves as growing and changing individuals with their own experiences and ideas, and as members of their communities. They become more mature, independent and self-confident. They learn about the wider world and the interdependence of communities within it. They develop their sense of social justice and moral responsibility and begin to understand that their own choices and behaviour can affect local, national or global issues and political and social institutions. They learn how to take part more fully in academy and community activities. As they begin to develop into young adults, they face the changes of puberty and transfer to secondary school with support and encouragement from Leighton Academy. They learn how to make more confident and informed choices about their health and environment; to take more responsibility, individually and as a group, for their own learning; and to resist bullying.

Planning, Teaching and Assessment

Planning at Leighton Academy provides children with opportunities to learn and develop their PSHE and Citizenship skills through REAL LIFE situations and contexts. For each term staff produce a medium term plan which states details of the unit that will be covered. This planning will be annotated by the staff and monitored by the co-ordinator throughout the year in accordance with the monitoring policy.

PSHE and Citizenship is taught through a combination of approaches:

- Lessons which focus solely on objectives taken from the PSHE/Citizenship and SEAL Programme (Social Emotional Aspects of Learning).
- Circle time
- Class council
- Visits and special events are also organised where staff feel these are required to extend the children's skills in this area.

Due to the permeability of the objectives covered in PSHE cross curricula links are created where ever possible, in particular in physical education and science lessons. Where these links are made PSHE lesson objectives will be included on the planning of the subject which it is been taught through. Teaching through this approach is at the discretion of the class teacher.

Circle time will take place in both Key Stage 1 and Key Stage 2 every 3 weeks, once or twice every half term depending on the duration of each half term. Circle time evidence will be recorded through a set format, which will be kept in the class PSHE book.

Whatever approach is taken by the class teacher the focus for each lesson is doing rather than recording in order for the children to have real life hands on experiences. These experiences will enhance the children's knowledge and understanding of the PSHE core skills taught in each unit. Teachers may ask children to record at their discretion. This may take the form of posters, project work, cross curricular work or any other genre the teacher decides. Each class will have a class PSHE book to record their shared PSHE experiences. This may include, photographs, shared mind maps, Pupils opinions, class council notes.

Due to the hands on nature of this subject all children will be able to access this lesson regardless of need through peer mentoring, quality first teaching and differentiation where required. Those children that require any additional support will do so in accordance with the SEN policy.

Use of ICT for Evidence

In order to provide evidence of meeting the objectives taught in each unit teachers will photograph and write post it notes, where necessary to support their planning and evaluations of each lesson.

Signed - _____

Name - _____

Date - _____