WINTER MENU 2018 WEEK 1

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Ž	uper	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Hot Main Dish	Mac 'N' Cheese Macaroni Cheese	Chicken Mayo Burger with Jacket Wedges	Roast Turkey with Roast Potatoes & Gravy	Beef Bolognese With Pasta	Crispy Battered Pollock with Chips
	Alternative Dishes	Quorn Chilli with Rice**	Creamy Broccoli and Sweetcorn Pasta**	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy	Vegetable and Cream Cheese Crumble	Quorn Dippers with Chips
		Jacket Potato With filling	Jacket Potato With filling	Jacket Potato With filling	Jacket Potato With filling	Jacket Potato With filling
			Filled Baguette		Filled Baguette	
	Vegetables	Sweetcorn Peas	Roasted Vegetables Carrots	Green Beans Cauliflower	Carrots Broccoli	Baked Beans Crunchy Coleslaw
	Desserts	Flapjack With Fruit Slices*	Pear and Ginger Crumble * with Custard	Chocolate Ice Cream	Brownie Cake	Lemon Shortbread

Cool Water, Fresh Fruit and Yoghurt served daily
*Fruit Based **Wholegrain ***Oily Fish

WINTER MENU 2018 WEEK 2

unor	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Heroes Hot Main Dish	Mozzarella & Tomato Pizza ** With Pasta Salad **	Pork Sausages with Cheesy Mash	Roast Turkey with Roast Potatoes and Gravy	Chicken and Tomato Lasagne With Garlic Herb Jacket Wedges **	Golden Fish Fingers or Salmon Fish Fingers*** with Chips
Alternative Dish	Vegetarian Chickpea Wrap	Vegetarian Sausages with Cheesy Mash	Cauliflower and Broccoli Cheese Bake with Roast Potatoes	Vegetarian Stew with Rice **	Quorn Burger in a Bun with Chips
	Jacket Potato With filling	Jacket Potato With filling	Jacket Potato With filling	Jacket Potato With filling	Jacket Potato With filling
		Filled Baguette		Filled Baguette	
Vegetables	Broccoli Sweetcorn	Baked Beans Roasted Vegetables	Roast Parsnips Carrots	Green Beans Cauliflower	Peas Baked beans
Desserts	Vanilla Ice Cream	St Clements Sponge Cake	Oatie Biscuit with Fruit Slices *	Apple and Berry Crumble* with Custard	Banana and Apricot Flapjac

Cool Water, Fresh Fruit and Yoghurt served daily
*Fruit Based **Wholegrain ***Oily Fish

WINTER MENU 2018 WEEK 3

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iper .	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Mozzarella & Tomato Pizza ** with Jacket Wedges	Chicken Pie with Broccoli with New Potatoes	Golden Fish Fingers or Salmon Fish Fingers*** with Jacket Wedges	Beef Burger Bap With Garlic & Herb Jacket Wedges **	All Day Breakfast Sausage or Bacon, Hash Browns, Scrambled Egg, Baked Beans
Alternative Dishes	Mild Vegetable Curry with Rice **	Creamy Tomato and Basil Pasta **	Quorn Roast Roast Potatoes with Gravy	Vegetable Korma With Rice **	Baked Bean and Cheese Wrap with Chips
	Jacket Potato With filling	Jacket Potato With filling	Jacket Potato With filling	Jacket Potato With filling	Jacket Potato With filling
		Filled Baguette		Filled Baguette	
Vegetables	Peas Roasted Vegetables	Greens Beans Carrots	Peas Carrot & Swede Mash	Broccoli Sweetcorn	Crunchy Coleslaw Peas
Desserts	Strawberry Ice Cream	Raspberry Ripple Cake	Peach Slice	Shortbread Fingers With Fruit Slices *	Pineapple Upside Down Cake* with Custard

Cool Water, Fresh Fruit and Yoghurt served daily
*Fruit Based **Wholegrain ***Oily Fish